

This questionnaire is designed to help you identify which of the five driver types you naturally have a preference for.

Answer the following questions by indicating next to the question a :

- 3 for Yes,
- 2 for Occasionally
- 1 for No

1.	Do you hide or control your feelings?	
2.	Are you reluctant to ask for help?	
3.	Do you set yourself high standards and then criticize yourself for failing to meet them?	
4.	Do you do things (especially for others) that you don't really want to?	
5.	Do you have a tendency to do a lot of things simultaneously?	
6.	Do you hate 'giving up' or 'giving in', always hoping that 'this time it will work'?	
7.	Is it important for you to be RIGHT?	
8.	Is it important for you to be LIKED?	
9.	Do you have a tendency to start things and not finish them?	
10.	Do you set unrealistic time limits?	
11.	Are you fairly easily persuaded?	
12.	Do you dislike being different?	
13.	Do you have a tendency to put yourself (or find yourself) in the position of being depended upon?	
14.	Do you feel discomforted (e.g. annoyed, irritated) by small messes or discrepancies?	
15.	Would you describe yourself as 'quick' & find yourself getting impatient with others?	
16.	Do you hate to be interrupted?	
17.	Do you tend to compare yourself with others and feel inferior or superior accordingly?	
18.	Do you find yourself going round in circles with a problem feeling stuck but unable to let go of it?	
19.	Do you have a tendency not to realise how tired, or hungry you feel, but instead 'keep going'?	
20.	Do you tend to talk at the same time as others, or finish their sentences for them?	
21.	Do you like to explain things in detail and precisely?	
22.	Do you like to 'get on with the job' rather than talk about it?	
23.	Do you prefer to do things on your own?	
24.	Do you dislike conflict?	
25.	Do you have a tendency to be the rebel or the odd one out in a group?	

Scoring

Look at the response you have for each question, and place the corresponding result into the table below. Be sure to double check which score you've placed against each question. At this point the scores are now being broken down by driver type. The score for each question then needs to be placed against the question number in the columns below.

Score each mark in the following columns:

Column	1	Score	2	Score	3	Score	4	Score	5	Score
Question nb.	3		4		5		1		6	
	7		8		10		2		9	
	14		11		15		13		17	
	16		12		20		19		18	
	21		24		22		23		25	
	Total		Total		Total		Total		Total	

Now copy those results in the below table to find your preferred driver type. It's worth noting that many people have a blend of drivers, and don't necessarily have a strong preference for any single driver.

Column	Driver Statement	Total Score
1	Be Perfect	
2	Please others	
3	Hurry Up	
4	Be Strong	
5	Try Hard	